

... proved thing to keepe back a
To break an imposthume bage and to drive
it downe wards: it is all soe good for them
that are shoot winded or have a kutling
in their throte this hath ben proved
By m^{rs} Sanders

Take 3 ounces of whit suger candey a stick of Lickrish
thinn sliced as much as one of your fingers Anyseeds:
one sponfull halfe and ounce of lapis prænella put
all thes in to a fine linen cloth and boyle them in 3
quarts of water till halfe be consumed keeping it still
skummed drink 7 or 8 sponfulls when you goe to bed
and as much in the morning fasting it is good at all
times but at mealls but best to be taken last at night

For stoping of the stomack and good
against a consumption of the lungs

Take Jsope and infuse it in faire water for 2 or 3
dayes and set it on the embers that it may keepe it
hott but not boyle and put in fresh Jsope 3 times
and then straine it out and boyle it with rose su
get to a good Europe and then take some at night
going to bed or at any time

A proved water for breaking out in the
face proved by J. J. of Ear

Take straberys and