

past and beat the suger first and sift it thorow
fine linc or tiffany and then mak it in to past
and then in to litell knots as small as a straw
and lay them on glasses or whit earthen dishes
put in a litell gume
To make the teeth whit

Take a mallow root and kube the teeth well
with it but let it be cleane first then wash the
mouth with whit wine or whit wine and water
together or whit wine vinegar and Water

To make the teeth whit and
to strenghten the teeth and gums

Take some Souldalmanick and cloves and
make them in to fine powder and Scarce it th
row a fine searce and mixe a litell pure huncy
with it and so kube the teeth and gumes with
it every morning and wash the mouth with wh
it wine or claret wine or whit wine vinegar
when you make litell small fimbals you may
wet the suger with the juce of appecoks and let it
boyle a litell and then make it up in kowls as
small as a straw and make them up with fin
suges dubell Refined

To rost a gigat of marten

Cut out the gigat Cut halfe the loyne to the lege
and then draw the upper side with a litell time parsh