

An a proved thing for the dropsey

Take some dwarf elder and boyle some of the leues
a some posat made with whit wine and the curd
beane taken out and boyle it very well and if
it bee in the winter then boyle some of the koot in it
and drink halfe a pint at a time in the morning
fasting and as much at night going to bed
and it will doe great good

An a proved thing for the falling
Sicknes or conuulsion fitts

Take the maw of a hare with all that is in it
and dry it in an oven after the bread is braen
out and mak it in to fine powder and searce it
and then give as much as will lye one a six pene
to the party and fast after it

An a proved thing for the splene
in and extreme fit of it

Take 2 or 3 drops of oyle of Fenepes berries in
a drath of beas and fast after it

How to make very good strong mustard

Take very good seed and dry it in the oven well an
then beat it in a stone mortar till it be very fine and
then sift it thorow a fine sieve and then put it in to
a bott and then put in to the bot to it one hole