

to whitt of a new laid ege and bololmanick and beat them together till they be and oyle then spread it upon a cloth 4 fingers broad and bind it fast to thy temple when you goe to bed

And other Remedy for the head

Make a plaister of beane flowers lined and oyle of camamile and for lack of that goose grece or ducks grece and kube the place with a quite and then lay the plaister hot upon it

Remedys For the head full of paine

Take 5 or 6 cloves beaten small put them in to a litell bage as bige as your naile lay that bage under your tounge when you goe to bed and it will aswage the paine by morning: or take baysalt and fry it in a pan till it spates then sprinkle it with vineges put thereto a handfull of kermery and eye hard roasted put all thes in to a litell bage and lay it to the nape of your neck and when it hath laine a good while make it hot and lay it to a gaine

For The head ache and megrome

Take a handfull of bitany and a handfull of camamile and uerue pick them cleane and boyle them in blackworth or ale for lacke therof and in the later ende of the seething put to it a litell comen brayed and the poudre of harts horne and the yelks of 2 egges a litell safrant and sture them well and lay a plaister hott ouer all his fore head and tempels This is an exelent medicine for the megrome if you ade a litell vineges to it it will be the bettar

For The litness of the head