

To make a man sleepe thought he
be lunatick

Take 3 handfulls of the Juice of ~~suckrey~~ lettuce and
as much of the Juice of senecogreen 3 sponefulls of woma
ns milck 3 sponefulls of rose water 3 of vineger beat th
em upon a chafing dish of coles then take fine flaxe an
d make a plaister 3 fingers broad reaching the fore he
ad unto both the tempells wet the flaxe in that likor
then take 2 drams of poppy seeds brused in a morter an
d strow it upon the plaister and when he is a bed lay
the plaister to the fore head and tempells bind it close
then take flatt bands of 3 fingers broad and there:
with bind him about each knee as hard as he may
well sufer it and in his sleeping with your worne
hand chafe the holowness of his feet softly with vine
ger

For the Megrome

Take house lecke and garden wormes more house leks
then worms stampe them with flowre and make it p
laister wise and one a fine cloth lay it to the forehe
ad and tempells

For The head Ache

Take and orange and quarter him Lay 2 peces
to each tempell the red side next your head

And excellent medisine for them that
have the stone and Canot make water

Their grows in the galls of some oxen a certaine
yelow stone some tims in bignes of a walnut some
what long and britell if you take of that stone and