

Take the midell kine of an elder tree and seeth it
in milke or with white wine and give the patient
therof to drinke fasting a good draught in the morning
and this will make him vomit quickly - - - - -

For a Sore brest to breake and heale it

Take mandat past when it hath bene leached 24
hours creme it in to new milke put to some fresh
greace then boyle it to a poultes lay it to worne
and dres it twice a day - - - - -

A good water for dullness of the stomack
and to put away any bad humors from
the hart

Take kosmary flowers borage leares and the buds of
sweet margrom and the buds of balme the young
basell mints mace brused stampe all in good Rhenish
wine take sack and put in no more liqor then will
cover the herbs when you stepe them and still them
and when the fire is out of the water drinke it fasting
and you may drinke of it one houre before dinner
it is best in the winter when the humors are most busy
and the stomack most dull - - - - -

To drive away the milke in a womans
brest and to keepe out the Ageu.

Take new milke as good as stockings thicke it with
mandat and put in a good deale of safsant in poud
er and a handfull of mints shread boyle this to a