

Take yarrow and plantan long plantan
other wise called kibworth and boyle it in a q
uart of the strookings of a ked cows milck and
boyle it till it comes to a pint and give the pa
rty a drath in the morning fasting worne and
at night going to bed. proved thing -----

For any Ache Mrs G

Take a quarter of a pint of a quite a quarter
of a pint of bolocks galls and a quarter of a
pint of neats foot oyle and put to them
a handfull of camamile fether few and worm
wood Shred all small and boyle it till it comes
to one quarter of a pint and then anoynt the
party with a litell quantity at a time worne
and well bathed in a gainst the fire and well
droyed in proved thing -----

quinee wine must be boyled with some suger
in it will make it verry good and keepe well
a good whill and is a verry houlsome drink

wesfalea backen must be laid in brine
and when it is salt anuse then smoke it with
hay till it be dry and it wil be the sweeter
boyle it in a cloth and boyle it verry tender
in hay and put in as much rock petar as will lye
one a shilling when it is first put into the brine