

goulden ege is and exelent thing for any weak
dy or to break and inpostome in the stomack
and to strenghten a weak body proved thing
like and ege as sone as eues the hen hath laid
when it is hott and boyle it or rost it befor it be
ould and eat it any way you pleas but the wo
you can have it the betar it is and exelent
thing and hath done much good to many

Summer homcritens are a very good peare to dry
lay them one a bord well seasoned being full of
holes and so dry them and after flat them and
turne them doe not pare them and when they
are dry lay them in some dry place

To dry apels take them and pare them and
then dry them one a bord as you did yow
pears this is a good way

when you fry yow saseges kowle them in the
egg of and ege and a lited grated bread and
dry them in the pan browne with out any frieing
they wil eat the betar

To keepe gilliflowrs from breaking
the pods a very good way E D

Take a pece of a thim bladder and cut it of the
breadth of a fopenev riben and then lay some gume
Dragon a stepe in water all night then put it in the
same water the pees of bladder then clape it a