

good for A consumption to restore the lungs
Take thirty or forty oranges and take all the Juice
Side and Juice but not whit at all and put it into
a pipkin and put to it as much Dubell Refined sugar
as you think will make it a good Swoope and so put
it together in the pipkin and cover it with a past
at the top and set it in with the browne bread and
let it stand in the oven a good while and then
put the clove out and put it in to glas Bottles and
so you may keepe it all the yeare you may take it
at any time when you pleas.

^{re}antime grated and some crums of browne bread
and make it moyst with whit wine vineger and so
mingle it well together and then tye it up in a fine Rags
and smell to it it is good against faintness of the
heart and against Fits.

And exelent thing for wind
in the back and side and belly

Take Camamile flowers and put a pretty many in
to some good ale and so heat them hot and then
sweeten the ale with whit sugar candy or Refined
sugar and drink a good drafft as hot as you can and
it will helpe.

To make wiges DD

Take 2 quarts of fine flower and a quarter of
a pound of sugar and a pint of new ale yest
and halfe a pound of Buttar Rub the Buttar in