

milk water good to drink in a fever
or for any surfeit or for any thing
that lieth in the stomach

Take ^{2 quarts} ~~a gallon~~ of new milk and infuse in it sum
wormwood and spare mints and lew and cardus
and in the morning still it with and easy fire
next day put back the water againe one fresh herbs and still it
again. To make mock Sides

Take pure spring water and put in to it a bout a gallon
of ~~Sides~~ very good sound pippings and cut them in
quarters and boyle them well in a neat or thinn ba
ge that the strenght may be out then bottell it up
with lofe suger when it is cold let it be well strat
ined first if it be well done it is a very pretty drink

Stepony

Take faire water and Raisons of the Sune ston
ed and lemon and lofe suger and let it infuse
in and earthen pot close covered till the sweets
be out of the Raisons then straine it and bottell
it up it is a very pretty drink

poppey water excelent in a surfeit to take
to cause Rest and to to turne it up or downe

doctes quartermans Receipt set it in the sun
them in Aquite and

Take Red poppys that growe in Corne fields, and sift
them from the seeds very cleane and then infuse