

How to draw the milke out of a womans
brest with great ease

Make a stone botell hot make it of seething water
then put the nipells in to the mouth of the botells a
nd when it is cold heat it a gaine and so a gaine
at your plesure to keepe the nipells hole wash them
very often with red rose water and suger

For the Cofe

Anoynt the throat and brest with oyle of orange
flowers

A very good purge for Colic and
when there is paine in the head or
kume in the eyes

Take and ounce of Seney 2 ounces of Cassia one ounce
e of ginger sliced 6 ounces of suger stampe them
all together and then boyle them in one pint of red
rose water to the one halfe then put in 3 ounces of
suger more and boyle it well and keepe it close
and take of this Confection a quarter of an ounce
e betimes in the morning and fast 3 hours after
putting it in to a draught of whit wine and straine
it and so drinke it use it in the spring and fall
once in ten dayes for 2 months or 6 weeks if you make
but for one you neede make but halfe this quantity
it will purge very gently

For bleare eyes

Take the Juce of worme wood and mingle it with
the water of the whit of an ege and put it in your
eyes

ounces or needs sever and melt them together