

W^h set them one a soft fire and stire it well till it wax
o^r thick then take it from the fire and straine it thor
ow a peece of new canvice then have the smallege mu
t^o slege to make the plaister then take fine oyle of roses
t^o a quart and wash it well in rose water and whit wine
y^e then take the oyle cleane from the water and wine an
p^l d set it one the fire in a brass pan all ways stiring it
it and put thereto a pound of litrege of gould and sil
ver of each 8 ounces searous bouures cured 2 ounces
bould almanick and dragoms 2 ounces of each and
in any wise let them be finely powdered and searced
t^h and put in to the oyle one the fire allways stiring it
t^h and let not the fire be gige for buringe the stufe and
t^h when it waxeth thick put in ~~ten~~ 10 ounces of the afor
said muslege by a lited at once or else it will boyle ou
er the pan and when it is boyled a nuse you shall
perceive by the hardnes if you dip a lited upon a
dish or could stone then take it ofe from the fire and
t^h when it is could make it in to kroules and kepe it in
parchment and kepe it for your use this plaister dis
solueth humors and swelling leges

To Free most Ageus

Stil saige then lay fresh saige in the still and
put backe the water a gaine to the saige and
still it a gaine 6 or 7 times with fresh saige
For Swelling in the leges which is apte to
fall in to them after that one begineth to goe up
on them after they have bene broken and sett
which was taught m^r wilding which was told
him by Annet his surgen