

then put thereto and ounce of fine beaten amber
quarter of and ounce of curd finely beaten 4 grains
of amber greece crocus martis the waight of 4 drams
then stire them well together and set them on a chafin
g dish of coles to boyle till such time that if you drop
some upon a trencher it will be hard as sone as it is
could then being boyled to the hight poure it on a pye
plat and let it stand till it be could this the black
candy and if you keepe out the crocus martis it
will be the yelow candy the black is good for the green
e sickness and the yelow fanders for the dropsey a
nd the fluxe and the yelow is good for all consum
cions and to make all weake bodys stronge and br
eaketh all windy causes with m^a quarter of and
houre after the taking.

For The weekness of the small of the back

Take a handfull of balme and a handfull of Clarey
wash them not they must be gethered in the heat of
the day then dry them in the oven and make them
in to powder that will be greene then lay a new laid
ege in the fire and make it as worne as it cometh fr
om the hen and put in the ege as much of the poud
ers as will lye on a broad poynted knife.

For them that are a broke

Take polipodium of the oke and dry it to powder
and moysten it with rose water and bind it to
the place.