

gether and then spread it one, lay tow and  
twoome and lay it to the side where the paine  
is let it be spread one the tow as broad as the p  
aine is and let it lye one twelge houres and  
then lay one more fresh and so doe three times  
and it will draw away the corrupt blood proceed:  
A plye this medison but once I weare mistaken in  
writing of it at too severall places in this book let it  
lye one twelge hours and then take it off

### To make french bread

Take a gallon of fine flower and 2 yolks of eges  
and one whit well beaten and noe salt and a great  
deale of ale yest and new milck let the milck be  
bret worne when you wet your bread wet it like  
batar all most and first beat the eges and yest  
and milck very well together then beat it all well  
together til it goe in to the oven and then brette  
your pans very well fynn pans mad for the same  
purpos or you may bake them in paper pans butred  
and after you have baked them a litell turne them  
out of the pans and when they are baked kaspethem

### Sace for Capens

Take the nicks and the Liveres and boyle them in a litell  
water and salt and some sher lot and a litell anchore  
and some hole pepor and some grarey of befe or mite  
and boyle it well together and then straine it out and  
serve it with your young Capens or ould Capens or