

3 The Juice of saige and whit wine is good for wemen to
it make them frutfull: Lf -----

cl Wild Fermandes is uery good for young wemen
it to boyle in there broth to Caus them to haue there
or Corses -----

in A Recait for the Scuruey and a proored
s thing after the doctors haue giuen them
f ouer and when they haue bene so lame
o that they cold not goe nor stand

a Take 2 handfulls of dried worme wood and 2
k handfulls of watercreses and 2 handfulls of brok
y lime and 2 handfulls of water mints and two h
a andfulls of scuruey grass and wash them all uery
t cleane and then shread them all prety small and
a put them all in to a large bason all together and
u then put to thes hearbs as much new milke as w
ill conueniantly steepe the hearbs an use to cou
g er them so let it stand close couered twelfe
c hours and then set it on the coals and let it
n boyle for the space of halfe an houre and then
b straine it out uery hard that the goodnes of
c the hearbs may come well out and then when
u it is cold take 8 sponesfulls of this swetned
with uery good suger in a morning fasting an
d fasting and houre after it and so a gaine
B in the after noone at 4 a clock in like mane
p r till you haue taken it all and this will d
oe much good proored mo pocton -----