

of Amber all must be beaten very small
and must be stured twice a day till it be
all dissolved :: A good dish of meat w^m

A fillet of veale and stope it with oysters and Anchores
and befe sewett and sweet hearbs as time and Sweet m
argrome and parsly and a litell winter saucy shred the
oysters and anchores and sewet and hearbs and stope it
very well with it and papar it up and rost it well and
for the sace some bicar beat very thick and so serve it

For the falling Sicknes

Take the flowers of pianny of bitany^s thyme of each i
handful flowers of lauender cated Stichudus one
ounce muskadine a potell bruse your hearbs and put
them with the wine into a glass botell and boyle it
in seething water 3 houres then still it in a still
of glass puting to it diaber one drame diamusele
dulcis one drame diacoral one drame cynamone
~~half~~ halfe a ~~drame~~ an ounce grosly beaten and long
pepar halfe and ounce take of this in the morning 2
sponfulls in the afternoone one sponfull and when
you goe to bed 2 sponfulls

A good mouth wator for any sore mouth

Take plantan wator and surope of uilets and 3 or 4 drops
of oyle of vitreal and wash and gargell with

To ripen anglets a good way when they are halfe a
yeare old wet some sweet lay with claret wine and
take them out and