

A pill to be taken good for the head or to  
expell winde from the stomach

Take hierapegra halfe and ounce as much conceiue of  
head roses 3 or 4 drops of the speret of Anyseeds mi  
ngell it all together till it come to a past then euery  
night halfe and houre befor supper or a litell before  
you goe to bed take 2 pills of the muchnes of 2 peas  
or a litell bigger three or 4 nights together

For a great bright m and a gew

Take running water a potell a pound of french prua  
ns and 2 handfulls of sinkfill and seeth them all toget  
her and when your prua ns wax soft let them be bro  
ken and then set it to seeth from a potell to a quart  
then take it from the fire and cleare it thuraw a very  
cleane cloth and giue the pacient to drinke and it  
will heale him by gods grace

For Weaknes of the Back

Take the pith of a bolock clarey nepe chopped small  
put to it the yelks of 2 or 3 new laid egges and a lit  
ell flowre and creame sture them well together foy  
them like a tansey and eat 5 or 6 mornings

An exelent Salve

Take of plantan and smallege of each a pint of the  
Juces put to it of new wax from the hiru 3 ounces of  
m sence 2 ounces whit and cleare being made fine  
milt the wax and m sence then put the Juces to and  
boyle them together till the Juces be wasted keeping it